



ABHINANDAN 2013 THE IIS UNIVERSITY ORGANIZED ORIENTATION PROGRAMME

Abhinandan 2013, an orientation programme was organized by The IIS University at the IIS campus, Shipra Path, Mansarovar. The programme was well knit with various sessions by experts from fields like Media, Management, law, Administration, Education, Social Service and Science and Technology. The new students were welcomed with warmth and enthusiasm. The programme began with a presentation showcasing the journey of ICG, The IIS University. Dr. Ashok Gupta,

Vice-Chancellor, The IIS University, welcomed the freshers with his best wishes on the occasion. The IISU is a university that prepares the girls to be world ready women, he said. They become not only good entrepreneurs, lawyers, media personnel, IAS Officers, corporate personnel but also good home makers. The IISU assures the parents that the institute will take care of the overall development of the girls, assured Dr. Gupta.

Sadhana Garg Freelance Journalist, a renowned name in the field of journalism, filled the students with energy by her motivating ideas. She enthralled the gathering of 800 students. She emphasized the need for a positive attitude to everything in life. She further suggested that the best way of life is to spend time with the self. Once you start knowing yourself, you can conquer any battle of your life, she said. She added that choices are essential to life: they are the pull carts for anybody to reach their destination.

In her presentation she also shed some light on the changing values of our society, and urged the students to respect their teachers. Concluding, she told the students to follow four important Cs of life: courage, calmness, confidence and credibility.

Aparna Sahai an IAS Officer shared her experiences on

stage fright. He also threw some light on effective ways of public speaking. He further stated that an effective communicator is one who can establish a good rapport with the audience.

Asha Bhatnagar, Yoga Guru said that with the advent of new technology, the lifestyle of the common man has changed. This leads to the work stress, hypertension and other health issues.

The orientation programme comprised slide shows carrying information regarding the University's various programmes, co-curricular activities, sports etc.



A Move Towards Positivity

Faculty Development Programme at The IIS University



The IIS University organized a three day faculty development programme at the ICG Campus, Gurukul Marg, Mansarovar. The resource person was Ms. Shweta Ahloowalia, Corporate Trainer at Genpact, Jaipur. The Faculty Development Program threw light on key aspects like personality development, teaching traits, building a good team, time management and, above all, building a positive attitude. The programme was very well designed for the three streams- arts, science and commerce with separate sessions including interactive sessions with academics and also fun activities.

A good team leads to the healthy growth of any

organization, said Ahloowalia. She discussed the aspects which make good leaders and what builds a good team. She also discussed the problems while working in a team. She further analyzed with a presentation how people vary in their ideas and principles. Ms. Ahloowalia also discussed the problems people face while working. The workshop became more interesting with expert tips from Prof. Roopa Mathur in between. The workshop-

FDP proved very fruitful for all the faculty members. Dr. Ashok Gupta, Vice Chancellor, The IIS University, said on the occasion that these FDP's are essential for any organization. The faculties should take tips and try to enhance their personality as much as they can. He further exhorted participants to adopt new and advanced teaching techniques to make their teaching more effective and productive. He finally thanked Ms. Ahloowalia for her valuable guidance to the participants.

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THE FINAL CUT

Different Degrees of the Indian Monsoon*Surviving Nature's Final Word*

Manasvini Rai

It has been experienced that monsoons are a boon for life and economy when in the right amount, a curse of death and deprivation when absent, and utterly catastrophic when in untamable excess. The monsoons this year have been wreaking unprecedented havoc in several parts of the country and experts say that this is just a beginning. Pilgrimages have been obstructed leaving large numbers stranded amidst disrupted transport as entire buildings, dams and bridges are being destroyed and swept away amidst the fury of the 2013 monsoons. Flashfloods and landslides hitting revered holy destinations, are causing widespread devastation, thus challenging the might and omnipotence of the very gods said to dwell there. We must note how we refuse to remain mere helpless victims or observers in this situation. Much is being done towards disaster management. The onus falls upon Indian Meteorological Department to issue warnings adequately in advance. It is with great pride and deep gratitude that we think of members of the Indian armed forces as they carry forth relief work, evacuation, and provide succor to those stranded or hurt. Google has launched a humanitarian application called Person Finder thus allowing missing persons to be traced. The Prime Minister, calling upon citizens to support fellow men and donate generously, has announced a significant relief aid package. Even the Indian "safe" states are stepping forward to assist badly hit areas financially and otherwise. It is necessary to explore what more we can do to prevent or mitigate this immense tragic cataclysm that begins with raging rivers and ends in dismantled buildings and corpses floating amongst debris.

While much is being done by way of rehabilitative efforts, eyebrows are being raised as to whether man himself is partly or wholly to be held responsible for summoning nature's fury, rather than blaming all such unstoppable calamities on the inevitability of nature. Construction over river beds, deforestation, blasting of mountains to build roads and wide use of chemical products and fertilizers, amongst other things, all close causes of global warming, are tantamount to tampering with the sacred natural balance which allows life to generate and regenerate. The monsoons this year are an ample and urgent warning indicating a crumbling natural equilibrium. Citizens of the world must convert to an entirely ecologically responsible lifestyle.

**Solar Energy.....****A Boon Towards a Better Tomorrow**

Kriti Bhangadia

is extremely durable and maintenance free. An ideal investment for new constructions, there are no hassles of wiring.

Some lanterns for domestic use also come with mobile phone chargers which can be used anytime anywhere at a minimal price of Rs 1990 and the lantern without the charger comes at a price as low as Rs 990.

These lights feature the revolutionary LED based Lights that are extremely bright, long-life and can withstand almost all weather conditions. LED delivers a lot more lux per watt than a light bulb or a CFL when properly applied such as in Solar Craft Solar Lights. LED's are environment-friendly and leave no carbon emissions, thereby contributing to a greener future.

Lets join hands with these renewable sources of energy and head towards a better and greener tomorrow.



Increasingly, the world over, people are making a transition from conventional energy sources to Solar Power because they find it more efficient, more economical and environment-friendly. In India, solar rays are an abundant energy source. Many premises are exposed annually to more than 50 times of energy from the Sun than they use in form of electricity or gas. About 12 billion electric lights on the planet use the most common electric bulbs. So, lighting up the world consumes about 2 trillion kilowatt-hours annually, or one-eighth of all electric power. This takes a lot of fuel : equivalent to a billion tons of coal. Conventional energy sources such as these have resulted in issues such as global warming. Considering it to be an alarm, it's time we shift to renewable sources of energy for our personal as well as business needs. Solar lighting comes in various models to suit your requirements including Garden Lights, Landscape Lights, Courtyard Lights, Street Lights, Study Lamps and lanterns. The Solar Lights not only light almost anywhere you want them, they also come with a built-in solar panel that

Stepping Ahead for a New Beginning**Teacher-Student Relation : A Special Bond for Life**

Vinamrata Bhojwani

Gurur Brahma Gurur Vishnuhu Guru Devo Maheswaraha Guru Saakshaat Parabhrahma Tasmai Sri Gurave Namaha .According to this famous Hindi shloka, the true meaning of Guru is "one who dispels darkness of ignorance". Guru resembles the trinity Brahma, Vishnu and Shiva. Brahma is the creator. Guru creates or inculcates knowledge in the minds of the students. Guru is Vishnu. Lord Vishnu maintains the creation. Similarly Guru helps in keeping up the tradition of the knowledge. Guru is like Shiva. Shiva is the destroyer. Guru destroys or gets rid of the ignorance from the students' minds. There is a saying that Guru- the teacher is above all – above our parents and even above God and so should be given utmost regard. Words like mam, miss, madam, sir, master ji, teacher ji, etc. are used to address the 'guru'. It is said that school is the second home for a child, so it would not be wrong to say that teacher is the second parent for a child who not only teaches the academic curriculum but also the values of life. A teacher and the student share a very special bond, which is quite difficult to define. The bond, the relation of a teacher and his student dates back to era of the Gurukul.

There was a time when the word 'teacher' generated in the minds of the students a picture of a man with huge round specs, stern face with a big stick in hands ready to smack the students if caught doing mischief. Earlier the relation between a teacher and his student was very formal. There was an amalgam of feelings of fear and respect at the same time in the hearts of the students for their teachers.

From Gurur Brahma Gurur Vishnuhu to the new mantra of the students; apni to paathshaala masti ki paathshaala, times have really changed and so has the relation between a teacher and a student. Unlike earlier, today the plus point is that students are extremely frank and open with their teachers and that fear which was once deep - rooted in the hearts of the pupils has vanished. But what is alarming is the fact that along with the fear the respect for the teachers is also fast disappearing from the student's hearts. This is a matter of worry. A student who can answer back to a teacher is considered 'gutsy'. One who mimics a teacher behind her/his back is considered cool.

Even after going through turbulent waters, the teacher-student relation remains intact at its core. Teachers were, are and will always remain an integral part of a student's life. The need of the hour is that both the teacher and the student should be aware of the other's feelings and there should be respect for each other.

WE VALUE YOUR FEEDBACK

Do send us your comments,suggestions.writings,pictures at

YouthSpeakIISU@gmail.com

Rain Rain

Dhriti Chatterjee

The rainy season is my favourite season.
In this season people are happy without any reason. Other than the weather and the water
Rainy season changes the entire atmosphere around us.
We feel free from all kinds of fuss.
It brings love and happiness in our life and finishes all the strife.
Rainy season is the season of love birds.

People feel the deep love which cannot be expressed in words and love to walk in rain because they wanna shed all their pain.!

Glow & Shine this Monsoon....

Ashmika Gupta

Monsoon is in full swing and all are anxious about taking care of their skin in humid and wet rainy season. By taking a few simple precautions you can save yourself a lot of trouble over bad skin.

The biggest skin problem during the monsoon is fungal infections. As fungus is born in humid through weather, it easily grows and enters the skin through wet pores.

What to do to avoid these problems? A simple question that arises in everyone's mind. Simple answers:

1. Avoid using too much hair products and use only a mild shampoo and gentle conditioner for the hair.
2. Give you hair a regular wash.
3. Use conditioner after every wash. Do not apply it on the hair root or scalp but on the hair shaft.
4. Drink plenty of water.
5. Have a proper protein rich diet along with plenty of fruits and vegetables.

Monsoon worries everyone when they think about their complexion. Here we have some tips for you :

- Use a face scrub twice a week to exfoliate.
- Avoid heavy moisturizing creams or oily foundations and cream-based colour make-up.
- Use a light mousse or a matte compact or simply a few drops of calamine lotion as a make-up base.

Sweat and moisture double your hair fall during the season. Oil massage once a week helps in strengthening the roots, increases blood circulation and repairs the damage. A nourishing hair spa treatment renews your hair. At home, one can go for an egg mask for deep nourishment.

Be ready for enjoying the monsoon with these healthy tips to keep yourself glowing.

Fashion Trends this Monsoon

Ashmika Gupta



After the sizzling summer, monsoon is a welcome season which brings with itself bold fashion that reflects your personality and moods. This is a season when fashion takes an altogether new turn and becomes the right season to organize a cheerful wardrobe and wear bold colours.

Any clothing ranging from tops, skirts, and dresses will go with the season, while a knee-length costume along with a coloured pair of leggings would best reflect the monsoon spirit. Cream, brown and black are normal, while a pink coloured dress will look specially attractive. Capris, shorts, dungarees, sling tops, sleeveless tops, colourful printed umbrellas, transparent raincoats create an eye catching style. Loose clothes are the first choice of everyone.

Sneha Rawat says "Short sleeves tops and Capris with strappy sandals are my first choice for the monsoon season. Speaking of colours, I prefer bold and bright colours that look attractive."

"The sudden arrival of monsoon leaves me confused about the kind of dress to wear", says Parth Nagar. I avoid getting wet in rain without compromising on my looks. Cotton short-shirts and printed T-shirts are what I prefer. Dressing up for a special occasion during the wet rainy season is no easy task. Rather than considering what would suit and what would not, one has to primarily focus on what would be comfortable and practical, and what would not.

Summer Bonanza: How did you spend your vacations?

Kriti Chauhan

Summer is a season that is long awaited by every one of us. After a long haul of wintery mornings arrives the time when you can finally bare of your skin and experiment with yourself. Summers are hot and can prove to be really dull and monotonous if you do not have much to do around. This is probably the case with all of us during the summers. You cannot obviously go out, for you can easily get tanned. And getting stuck in the house is even more annoying. However, there are many ways to drive away this boredom and channel your energy to something more productive. Love reading or writing? let's just say, dancing? Needless to say, joining hobby classes is certainly one of the best ways to diminish that swarm of monotony and put your heart into something useful rather than killing your eyes over an LCD screen.

Summer internships and training programmes are ideal enough to hone your skills. If you are looking for part-time jobs and internships, this is the perfect time to get started. Summer internships do not only give you an extra edge, in fact they are one of the finest ways to enhance your skills and elevate them. So now that you know that summers can prove to be really interesting, let's have a sneak peek into the lives of some ICGians and how they spent their summer vacations.

Malvika Bhati, BBA Final year

I do not usually get bored during summers as I tend to go out with my cousins and friends. However, this year, I planned to do something better. Applied for an internship programme for a month. Result: now I know what actually a corporate world entails. So, yes, that's how I spent my vacations.

Meghna Lakhotia, BJMC Final Year

To escape this scorching heat, nothing beats a nice long vacation at a hill station. This year, too, I meticulously planned my vacations. Completed my 30 days internship in one half and enjoyed with my family in the latter.

Saloni Mathur, BJMC Final year

After a month of unceasing assignments, exams I finally got some time to rejuvenate. I wanted to go for meditation and yoga classes, so I decided to join Art of Living this summer. There is nothing like meditation and, trust me, a month of meditation has got me more positive - the feeling is ethereal.



Raakhi

A Bond of love

Dhriti Chatterjee

Raakhi is a Hindu festival primarily observed in India, Mauritius and Nepal, which celebrates the relationship between brothers and male cousins and sisters. It is also called Rakhi Purnima in some parts of India, and is also celebrated in Pakistan. The festival is observed by Hindus, Jains, and some Sikhs. In fact, the popular practice of Raksha Bandhan has its historical associations also. The Rajput queens practised the custom of sending rakhi threads to neighbouring rulers as a token of brotherhood and good will. But even today, in many cities across the country, Hindu girls tie rakhi on the wrist of youths they consider their brothers. The central ceremony involves the tying of a rakhi by a sister on her brother's wrist. This symbolizes the sister's love and prayers for her brother's well-being, and the brother's lifelong vow to protect her. The festival falls on the full moon day of the Shravan month of the Hindu lunisolar calendar. One Islamic Scholar believes that Raksha Bandhan grew in popularity after Rani Karnavati, the widowed queen of Chittor, sent a raakhi to the Mughal emperor Humayun when she required his help. Raakhi has a very specific meaning of brother sister relationship. Raakhi underscores the need for a harmonious social life, where every individual co-exist peacefully as brothers and sisters.

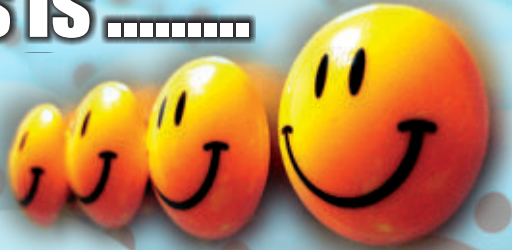


The students of Pennsylvania State University, USA, visit The IIS University under an educational and cultural exchange programme



Happiness is

Geeti Bhatt



Happiness is much more than what an article could describe. Some people describe happiness as the feeling you experience when you realize that everything is exactly as it should be, some define it as the state of feeling that you experience after reaching your goals, while others define it as in having inner peace.

Defining happiness is not so easy. In this article I wish to share with you some thoughts on how to be happy rather than giving you a philosophical definition of happiness. That won't help you much.

How to be happy in life

The following is not a magical formula for happiness but if you followed these steps they could make a dramatic change in your happiness levels:

- Know what makes you happy: if you want to be happy then you should first know what makes you happy. Try to visualize the thing that can make you happy if you managed to get it, and upon finding that thing fight for it; and I really mean it, fight for it until you get it.
- Positive thinking and optimism: You may have asked yourself the question: could I feel happy while having a major problem that I don't have a solution to? Yes you can, by knowing that one day this problem will be solved. This is what is called positive thinking, optimism or hope. Learning how to be a positive thinker will open the door to hope and, in turn, to happiness.
- Happiness and life purpose: Having a life purpose may not make you happy on its own but not having a life purpose could make your life miserable. Many people commit suicide because they don't know why they are here or what they should do in this world. If you want to be happy, then seriously consider finding a life purpose
- Happiness and Love: Having loving friends, a loving partner or a family could dramatically affect your happiness levels. When surrounded by love your problems tend to be smaller and your life becomes happier. Don't escape without taking actions to solve your problems. Remove your bad feelings through these beautiful relations and at the same time work towards solving your real problems.

दी आई आई एस यूनिवर्सिटी स्पोर्ट्स अकादमी समर कोचिंग कैंप आयोजित



दी आई आई एस यूनिवर्सिटी की स्पोर्ट्स अकादमी की ओर से 21 दिवसीय समर कैंप का आयोजन किया गया। खेल गतिविधियों को प्रोत्साहन देने के उद्देश्य से यह अकादमी प्रति वर्ष इस तरह के कैंप आयोजित करती है।

इस समर कैंप में बास्केटबॉल, वॉलीबॉल, टेबल टेनिस, तीरंदाजी, योगा, एरोबिक्स व छात्राओं के लिए विशेष रूप से आत्म-सुरक्षा को भी शामिल किया गया। इस कैंप में राजस्थान के जाने माने विभिन्न खेल प्रशिक्षकों ने छात्राओं को प्रशिक्षण प्रदान किया। टेबल टेनिस के लिए जितेंद्र कुमावत, तीरंदाजी के लिए मधुकर, वॉलीबॉल के लिए शिवानारायण, एरोबिक्स के लिए गुंजन गौड़, बास्केटबॉल के लिए बलवंत सिंह बिजारनिया तथा आत्म सुरक्षा के लिए श्रीराम चौधरी ने छात्राओं को प्रशिक्षित किया। कैंप के समापन अवसर पर दी आई आई एस यूनिवर्सिटी के वाईस चांसलर डॉ. अशोक गुप्ता ने छात्राओं को प्रमाण पत्र प्रदान किये।

छात्राओं का बास्केटबॉल व टेबल टेनिस की तरफ विशेष रुझान देखते हुए स्पोर्ट्स बोर्ड ने इन खेलों को पूरे वर्ष प्रशिक्षण देने का फैसला लिया।

इस दौरान बास्केटबॉल के प्रशिक्षक व गोल्डमैडलिस्ट बलवंत सिंह बिजारनिया से यूथ स्पीक टीम ने बातचीत की।

पिछले पंद्रह वर्षों से बास्केटबॉल के क्षेत्र से जुड़े बलवंत सिंह बिजारनिया ऑल इंडिया वीस्ट जोन की ओर से खेल रहे हैं। उनका मानना है कि यह एक अदभुत खेल है। लड़कों के साथ साथ लड़कियों का झुकाव भी इस खेल की ओर नजर आ रहा है। बलवंत सिंह का मानना है कि लड़के इस खेल को जल्दी सीख लेते हैं। यह खेल कद बढ़ाने में भी मदद करता है। उन्होंने यह भी जानकारी दी कि जयपुर के सभी स्कूलों में इस खेल के लिए कोर्ट बने हुए हैं।

दी आई आई एस यूनिवर्सिटी के स्पोर्ट्स बोर्ड के अंतर्गत विभिन्न खेलों को प्रोत्साहन दिया जा रहा है। इसमें जो छात्राएं प्रशिक्षण ले रही हैं वे स्थानीय स्तर से लेकर राष्ट्रीय स्तर तक जा सकती हैं, राजस्थान का प्रतिनिधित्व कर सकती हैं।

बलवंत सिंह बिजारनिया ने सभी अभिभावकों को यह भी बताया कि ध्यान केंद्रित करने में सभी खेल मदद ही नहीं करते अपितु आत्मविश्वास व अनुशासन की ओर अग्रसर होने में भी सहायक सिद्ध होते हैं।

आई.आई.ई.आर.डी. मानसरोवर की बी.एड. छात्राओं ने किया "स्वाइन फ्लू" के प्रति जागरूक

आई.सी.जी. इंस्टीट्यूट ऑफ एज्युकेशनल रिसर्च एण्ड डेवलपमेंट, मानसरोवर, जयपुर की बी.एड. छात्राओं ने अनिल बाल मारती, महवीर नगर एवं ज्ञान विद्या मंदिर, दादाबाड़ी विद्यालयों में जाकर विद्यार्थियों को 'स्वाइन फ्लू' जैसी संक्रामक बीमारी के प्रति जागरूक किया। छात्राओं ने लघु नाटिका के माध्यम से स्वच्छता के महत्व को समझाते हुए बताया कि हम अपने आस-पास के वातावरण को स्वच्छ रखकर ही स्वाइन फ्लू जैसी संक्रामक बीमारियों से मुक्त हो सकते हैं। इसके साथ-साथ ही छात्राओं ने 'स्वाइन फ्लू' के लक्षण व इससे बचने के उपायों के प्रति विद्यार्थियों को जागरूक किया। कार्यक्रम का निर्देशन व संयोजन महाविद्यालय की प्रवक्ता डा. दीपिका यादव द्वारा किया गया।

What Education Means

Vishakha Kabra

'Tamso ma jyotirgamaya' meaning 'from darkness to light', was well said for education. But in the present scenario the path towards light is not a bed of roses, as it has become expensive and difficult to afford quality education. I want to find out what education means to everyone? What education means to me.

I guess the popular response is: no education means no money. While that may be true, and sometimes not, it also should pay a person and a society back as any other investment should. With exposure to the sciences, a person should learn the value of analysis; English, speech and any of the communication arts should help people with the articulation of thought and feeling. Courses in history and culture show where a group of people come from, their ideals and morals as well as what they hold as important. For most of us education opens doors and provides opportunities. As a child we do not always understand the importance of education, happily drifting through our school years. For some, learning is an uphill struggle. This can be so for many reasons; some of us just aren't academic and do better with 'hands on' subjects. Others may not be able to focus on their school work, perhaps because they find it hard to concentrate or because their life outside of school fills their thoughts. Education to me means acquiring knowledge to better empower myself and enhance my cerebral capacity. Education is like an investment that gains interest over time, and I must definitely reap the benefits.

So, whatever you think education is, don't forget that our life skills are just as important as our academic achievements.



TEAM YOUTH SPEAK

The ECCENTRIC Editorial
Manasvini Rai

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